



LIVING LIFE OR FROZEN?
**LEARN ABOUT YOUR
BODY & BRAIN**

ADULTS: FAMILY, FRIENDS,
PARENTS (21+)

APRIL 11, 18, 25, & MAY 2, & 9

11:45-1:00 COST?? FREE!

PENNOCK CENTER FOR COUNSELING
211 SOUTH 21ST AVE BRIGHTON, CO 80601

If you like learning about the brain, the human body, thoughts, emotions, body language, or human relationship dynamics this is the group for you! Come enjoy learning how to better understand how the brain works and ways to improve your relationship dynamics with friends, family, and children. These groups will give you a solid foundation on relational dynamics and yourself too!

FOR MORE INFORMATION CONTACT: EILEEN FAIR @ (303) 655- 9065 EXT. 19